

JUNE 2024: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p style="color: green;">Honey Corn Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Assorted Granola (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Zucchini Carrot Breakfast Bread (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) & Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Apple Sauce (VE)</p>	<p style="color: green;">Banana Muffin (V)</p> <p>Colby Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Assorted Granola (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Zucchini Carrot Breakfast Bread (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) & Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

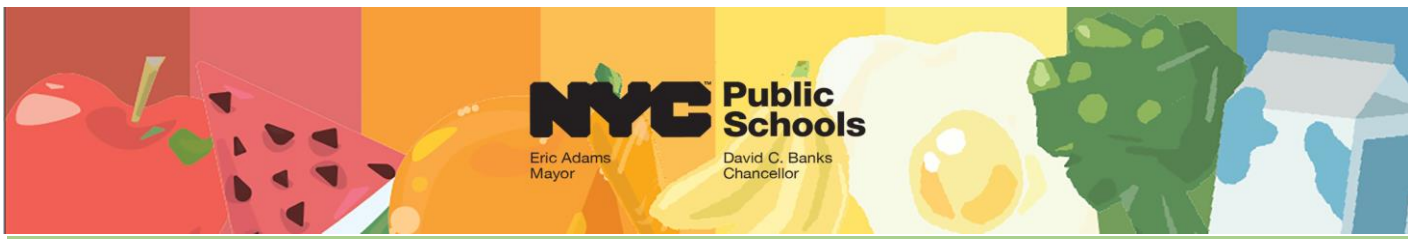
SUMMER MENU KICKOFF

<p>Frosted Mini Wheats</p> <p>Honey Grahams (V)</p> <p>Plain or Strawberry Banana Apple Sauce (VE)</p>	<p style="color: green;">Blueberry Muffin (V)</p> <p>Cheddar Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Cinnamon Burst Pancakes (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Zucchini Carrot Breakfast Bread (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) & Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
24	25	Last Day of Classes 26	27	28
<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p style="color: green;">Apple Cinnamon Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p>Multigrain Oats (V)</p> <p>Honey Graham Cracker (V)</p> <p>Applesauce (VE)</p>	<p style="color: green;">Whole Grain Croissant (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="color: green;">Whole Grain NY Bagel (VE)</p> <p>served with Cream Cheese (V) & Jelly (VE)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE)</p>
			 <p style="text-align: center; font-size: small;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	

<p>Milk</p> <p>1% Low-fat (V)</p> <p>Fat Free (V)</p> <p>Fat Free Chocolate (V)</p> <p style="font-size: x-small;">Alternative options are available upon request</p>	<p>Breakfast After the Bell Grab and Go</p> <p>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</p>	<p style="text-align: center;"><u>OFFERED DAILY</u></p> <p style="font-size: x-small;">Options may vary by location</p> <p><u>Cold Cereal Choices</u></p> <p style="font-size: x-small;">Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE) Oat Circles (VE) Cinnamon Flakes (VE)</p>	<p><u>Seasonal Fresh Fruit</u></p> <p style="font-size: x-small;">Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p> <p><u>Condiments</u></p> <p style="font-size: x-small;">Syrup (VE)</p>	<p style="color: yellow; font-size: x-small;">OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products



JUNE 2024: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p>CHEF CHOICE or Pizza by the Slice (V)</p> <p>Kid Friendly Kale Salad (V)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p>CHEF CHOICE or Chicken Dumplings</p> <p>Veggie Nuggets (VE) Dipping Sauce</p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Brown Rice (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>CHEF CHOICE or Manicotti (V) in Marinara</p> <p>Roasted Fresh Tomatoes (VE)</p> <p style="color: green;">Bread Stick (V)</p> <p style="color: purple;"><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>CHEF CHOICE or Turkey Burger</p> <p>Turkey Cheeseburger Whole Wheat Bun</p> <p>Fish and Cheese Sandwich Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Classic Toppings</p>	<p>Kidney Bean Rajma (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Mediterranean Bar</p>
10	11	12	13	14
<p>CHEF CHOICE or French Bread Pizza (V)</p> <p>Garlicky Green Bean (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p>CHEF CHOICE or Veggie Nugget (VE) Dipping Sauce</p> <p>Caribbean Style Beef Patty</p> <p>Seasoned Wedge Fries (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Rainbow Bar</p>	<p>CHEF CHOICE or Mozzarella Sticks (V) with marinara sauce (VE)</p> <p>Crispy Broccoli (V)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar</p>	<p>CHEF CHOICE or Chicken Tender Melt Ciabatta Bread</p> <p>Superhero Spinach (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Rainbow Bar</p>	<p>Cajun Pinto Beans (VE) with Brown Rice (VE)</p> <p>Southwest Burrito (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Fiesta Bar</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

SUMMER MENU KICKOFF

<p>Pizza by the Slice (V)</p> <p>Italian Green Beans (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p>Crispy Chicken Bites with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p style="color: green;">Dinner Roll (V)</p> <p style="color: purple;"><i>Salad Bar</i> Rainbow Bar</p>	<p>Garlic and Tomato Panini (V)</p> <p>Lemon Arugula Salad (V)</p> <p>Marinara Sauce (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>Fish and Cheese Sandwich Whole Wheat Bun</p> <p>Hamburger or Cheeseburger Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Classic Toppings</p>	<p>Mediterranean Wrap (VE)</p> <p>Southwest Burrito (V)</p> <p>Green Garden Salad (VE)</p> <p style="color: purple;"><i>Salad Bar</i> Mediterranean Bar</p>
24	25	Last Day of Classes 26	27	28
<p>Sicilian Slice Pizza (V)</p> <p>Garlicky Green Bean (VE)</p> <p>Seasoned Chickpeas (VE)</p> <p>Frozen Fruit Cup (VE)</p>	<p>Chicken Tenders Dipping Sauce</p> <p>Veggie Nuggets (VE) Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p style="color: red;"><u>Plastic Free Lunch Day</u></p> <p>Mozzarella Sticks (V) with marinara sauce (VE)</p> <p>Fresh Broccoli Florets (VE)</p> <p style="color: green;">Garlic Knot (V)</p>	<p>Soft Turkey Taco</p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p>White Bean and Pasta Primavera (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Summer Squash (VE)</p>
<p>Monday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<p>Tuesday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<p>Wednesday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<p>Thursday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<p>Friday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

<p>Milk</p> <p>1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p><small>Alternative options are available upon request</small></p>	<p>ATTENTION:</p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="border: 1px solid white; padding: 5px; text-align: center;"> </div>
<p>Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)</p>			

* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products